



ALFIE SHERWOOD

CIRCUS ARTIST | PERFORMER | COACH

Teeterboard / Trampoline / Acrobatics

London, UK | 07471 195610

alfiesherwood2908@gmail.com

Portfolio | Instagram: @alfiesherwood_

SELECTED PROFESSIONAL CREDITS

Come Alive! The Greatest Showman Circus Spectacular 2025

Teeterboard Cover

Director: Simon Hammerstein | Come Alive! Company

It's Coming Home! 2024

Partner Acrobatics / Clowning

Spiegeltent | Devised by Alfie Sherwood & Jonathan Goh

House of Errors x Tom Emmerson: Lavender 2024

Teeterboard | Marketing campaign

Director: Tom Emmerson | House of Errors

SELECTED TRAINING & DEvised CREDITS

Drought (2025) - Teeterboard

Devised by Alfie Sherwood & Jonathan Goh | National Centre for Circus Arts

6 Degrees of Freedom (2025) - Trampoline / Ensemble Acrobatics / Movement

Director: Neus Gil Cortes | National Centre for Circus Arts

No Future (2024) - Teeterboard / Ensemble Acrobatics / Movement

Director: Sebastian Belmar | National Centre for Circus Arts

sqft (2024) - Teeterboard

Devised by Alfie Sherwood & Jonathan Goh | National Centre for Circus Arts

TRAINING

National Centre for Circus Arts | BA, First Class | 2022-2025

Cirque du Soleil | Next Gen Tramp Wall Course | May 2024

Read College of Theatre and Dance | Acting | 2020-2022

ADDITIONAL SKILLS

Tumbling, trampette, tramp wall, partner acrobatics, hand balancing, acro-dance, clowning, acting, tap, ensemble singing, music production, gymnastics coaching.

PHYSICAL DETAILS & QUALIFICATIONS

Playing age: 18-25 | Height: 6 ft / 183 cm

Weight: 68 kg | Hair: Brown | Eyes: Blue

Build: Athletic / Lean

IGA WAG Coach Level 2

IGA Women's Artistic Judging

British Gymnastics Core Proficiency

Level 3 Acting Diploma (D*D*D*)

Foundation Degree in Circus Arts

WATCH REELS Teeterboard / Trampoline / Trampoline research

2026